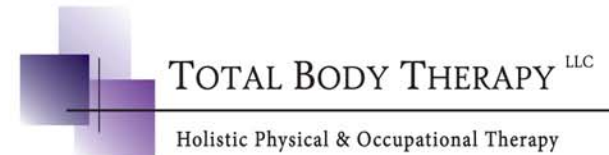


The body is viewed in its entirety and healing is approached in a relaxing and friendly manner.

At Total Body Therapy the road to pain relief does not have to be a costly one.



About Us



Total Body Therapy was founded in 1996 by Deborah A. Miller, MS OTR/L. Deborah graduated from Columbia University, College of Physicians & Surgeons, with a Master of Science degree in Occupational Therapy, class of 1993. She is well regarded in her field and successful in treating a wide variety of conditions.

Total Body Therapy is recommended to patients who are interested in an alternative to surgery or who have not responded to conventional treatments. TBT's direct relationship with local practices allows both therapists (PT's & OT's) and medical practitioners to communicate regularly about a patient's condition, treatment plan, and progress.

Call toll free: 866.621.9800
www.totalbodytherapy.com

Total Body Therapy is a direct affiliate of Salmon Falls Family Healthcare, Somersworth, NH and PainCare, with locations throughout NH.

Office Locations

Concord

2 Pillsbury St., Ste. 401
Concord, NH 03301
603.622.0909 phone
603.622.2869 fax

Lebanon

37 Spencer Street
Lebanon, NH 03766
603.448.0048 phone
603.692.1817 fax

Manchester

59 Sheffield Road
Manchester, NH 03103
603.622.0909 phone
603.622.2869 fax

Newington

2299 Woodbury Ave.
Newington, NH 03801
603.766.2499 phone
603.766.2498 fax

Plymouth

15 Town West Road
Plymouth, NH 03264
603.729.0095 phone
603.729.0070 fax

Tilton

322 Main Street, Suite 133
Tilton, NH 03276
603.729.0095 phone
603.729.0070 fax



Integrating gentle hands on therapy with education and exercise that puts the body on track for pain relief and healing.

*Welcome to
Total Body Therapy*

*Our team of Physical and Occupational
Therapists are specialized in, but not limited
to, addressing the following conditions.*

*Feel free to contact our offices for
other insurances accepted.*

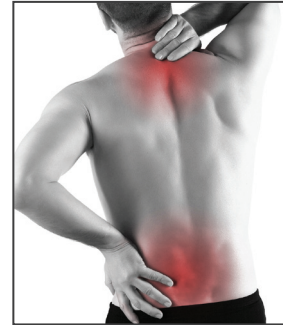
At Total Body Therapy our physical and occupational therapists are committed to the quality treatment of the patient. We specialize in gentle manual therapy, primarily **CranioSacral Therapy**, in combination with traditional physical and occupational therapy techniques.



CranioSacral Therapy is a gentle, non-invasive treatment modality that relieves strain patterns in the fascial system. The fascial system covers every living organism in the body and is the "glue-like" substance that holds the body together. Restrictions within the fascia can contribute to pain and dysfunction.

CranioSacral Therapy aims to produce a well-balanced, mobile and symmetrical body within the skeletal, soft tissue and craniosacral systems. Reaching this goal will help to assure the body functions efficiently and pain free.

Chronic Pain
Fibromyalgia
Back/Neck Pain
Headaches/Migraines



Carpal Tunnel
Syndrome

TMJ Disorder

Bursitis

Vertigo and Tinnitus

Plantar Fasciitis

Developmental
Disorders



Lymphedema

Scar Management

Hip/Knee Pain

Shoulder/Elbow Pain

Sports Injuries

We accept most major insurances and communicate regularly with primary care physicians and insurance companies. We believe in allowing our patients to simply enjoy their relaxing treatments without having to worry about the details.

Insurances Accepted

- MVP
- TriCare
- Aetna Us Healthcare
- Anthem BC/BS all plans
- Auto Insurance Claims
- Harvard Pilgrim Health Care
- Healthcare Value Management
- Martin's Point
- Medicare
- NH Medicaid
- One Health Plan
- United Healthcare
- Worker's Compensation Claims